



e

th Public Schools  
eart of Jesus

/, August 14, 2019

# Our Mission & Guiding Principles

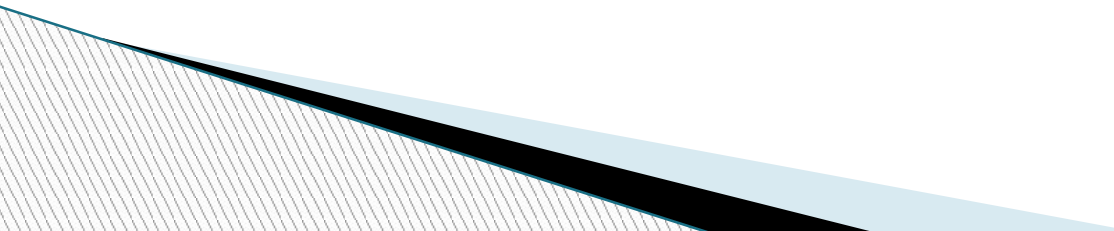
- ▶ Work to assist a recovering community and provide a quality living home environment for people that are in the midst of successfully rebuilding their lives from the challenges of drug and alcohol addiction.
- ▶ Christian Values, Nondenominational  
*“Inspiration: St. Francis of Assisi”*
- ▶ Alcoholics Anonymous 12 Steps, or other 12 Step Programs

# Our Objectives

## Provide

- ▶ Affordable Quality Housing (transitional)
- ▶ Job Search Guidance & Career Coaching
- ▶ Life Skills Guidance & Support

## Business Entity:

- ▶ Francis' House 501(c) 3 Nonprofit:
  - ▶ All Volunteer Organization (exception Member Asst.)
  - ▶ “Communal Aid Group” membership structure
- 

# Life Skills Guidance and Support

## *To Address; Mind, Body and Spirit*

- ▶ Job Search & Career Coaching
  - Employment Partner Program (Local Businesses)
- ▶ Recovery Coaching & Peer Support
  - Medina Co. Peer Recovery Coaching Services
- ▶ Spiritual Support programs
  - Church and Spiritual Retreats, Mentorships
- ▶ Meditation and Yoga
- ▶ Physical Fitness
  - Local Gyms (YMCA, others)
  - Running2BWell

# Francis House Board of Directors

JONATHAN IRVING

- Sobriety, 6 plus years
- Social Work Major, University of Akron (fulltime student)
- Ignatius Spirituality Project Team member, over 5 years
- Leads AA Meeting at Choices Community House, Akron

JOHN ROPAR, PhD, PCC-S

- Director; Counseling Center, John Carroll, 15 years (prior)

# Francis House Board of

## JASON SPEIGHT Directors<sup>cont.</sup>

- ▶ Sobriety over 13 Years
- ▶ Leads AA meeting & group founder at Heart 4 the City, Akron
- ▶ Residential Supervisor for over 5 years at IBH, Akron (prior)
- ▶ Operated multiple Recovery homes for over 2 years (prior)
- ▶ Presents and advises a number of organizations, i.e. Green Drug Task Force

# Francis House Board of

RANDY PIERPOINT

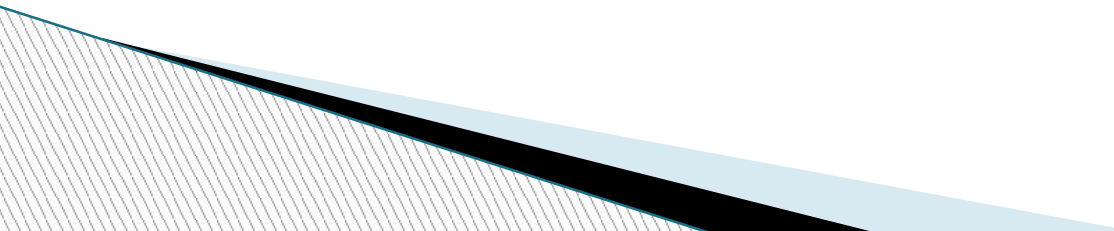
## Directors <sup>cont.</sup>

- ▶ Sobriety over 2.5 Years
- ▶ Certified Peer Recovery Coach for a leading Recovery Services organization covering Medina County.
- ▶ Previous Founder/Owner/Operator of Pathway to Serenity sober living in Akron
- ▶ Board Member for Hope Recovery Community in Medina

BECKY PARIS, LCDC III

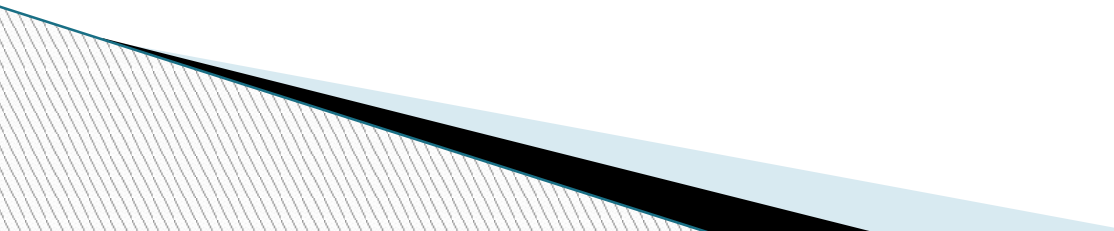
- ▶ Leads Opiate Response Team for a leading Recovery Services organization covering Medina County

# Living Condition Priorities

- ▶ No Drugs or Alcohol use in or around the properties.
  - ▶ Sobriety for all Members at all times.
    - Treatment option “first choice”
  - ▶ Safety for Members and the Community
  - ▶ Healthy Living Conditions
  - ▶ Clean and Comfortable Environment
  - ▶ Abide by all Federal, State and Local Laws
- 



# Recovery Member Candidates

- ▶ Minimum 18 years of age, no sex offence or violent crime convictions.
  - ▶ Successfully complete an inpatient program, or be actively participating in or recently completed an outpatient recovery program.
  - ▶ Referred from the following; Treatment Centers, Adult Probation Court, Religious Institutions (churches, temples & mosques) and other Institutions that are involved with the treatment of alcohol and drug addiction.
- 

# Recovery Member Agreement

- ▶ Enter into a Written Membership agreement to live according to Rules and Regulations governing acceptable Conduct, (i.e. Sobriety, Good Neighbor–House members & Community).
- ▶ Understand living in “Zero Tolerance” environment.
- ▶ Required to attend Recovery Meetings, House meetings and court appointed meetings
- ▶ Required to seek and secure employment or constructive alternative (i.e. volunteering)
- ▶ Required to document, keep current and monitor progress of *Recovery and Transition*

# Good Neighbor Agreement

- ▶ Proper and ***Acceptable Parking Locations*** for Members and their Guests
- ▶ ***No shouting, or any loud noise or music;*** Members are expected at all times to keep noise to a reasonable level for a residential neighborhood.
- ▶ Members are expected to ***refrain*** from using ***inappropriate language.***
- ▶ ***10:00 PM to 7:00 AM*** is considered ***quiet time*** in and around our Houses.
- ▶ ***Smoking & Vaping*** is permitted in ***designated areas only***, and disposal of cigarettes only in appropriate containers.

# Recovery Living House Rules

- ▶ No use of alcohol or other drugs.
- ▶ Compliance with random urine tests.
- ▶ Compliance with established curfews.
- ▶ Participation in house meetings.
- ▶ Completion of household chores.
- ▶ Participation in outpatient treatment or community support groups.
- ▶ No intimate relationships with other residents.
- ▶ No drug paraphernalia or items promoting drug use.
- ▶ No violence, threats or offensive language.

# Operating Standards

- ▶ National Alliance of Recovery Residences
  - Community (inclusion and integration)
  - Standards (quality, well managed operations)
  - Ethics (integrity, honesty, transparency)
  - Education (community and operators)
- ▶ Ohio Recovery Housing (certifying body)
  - State Affiliate of NARR
  - Dedicated to the Development & Operations of Quality Recovery Housing
- ▶ Ohio Mental Health and Addiction Services
  - State agency providing Guidelines and Funding for Recovery Housing

# Documented Operational Procedures

## ▶ Mission (Housing Certification)

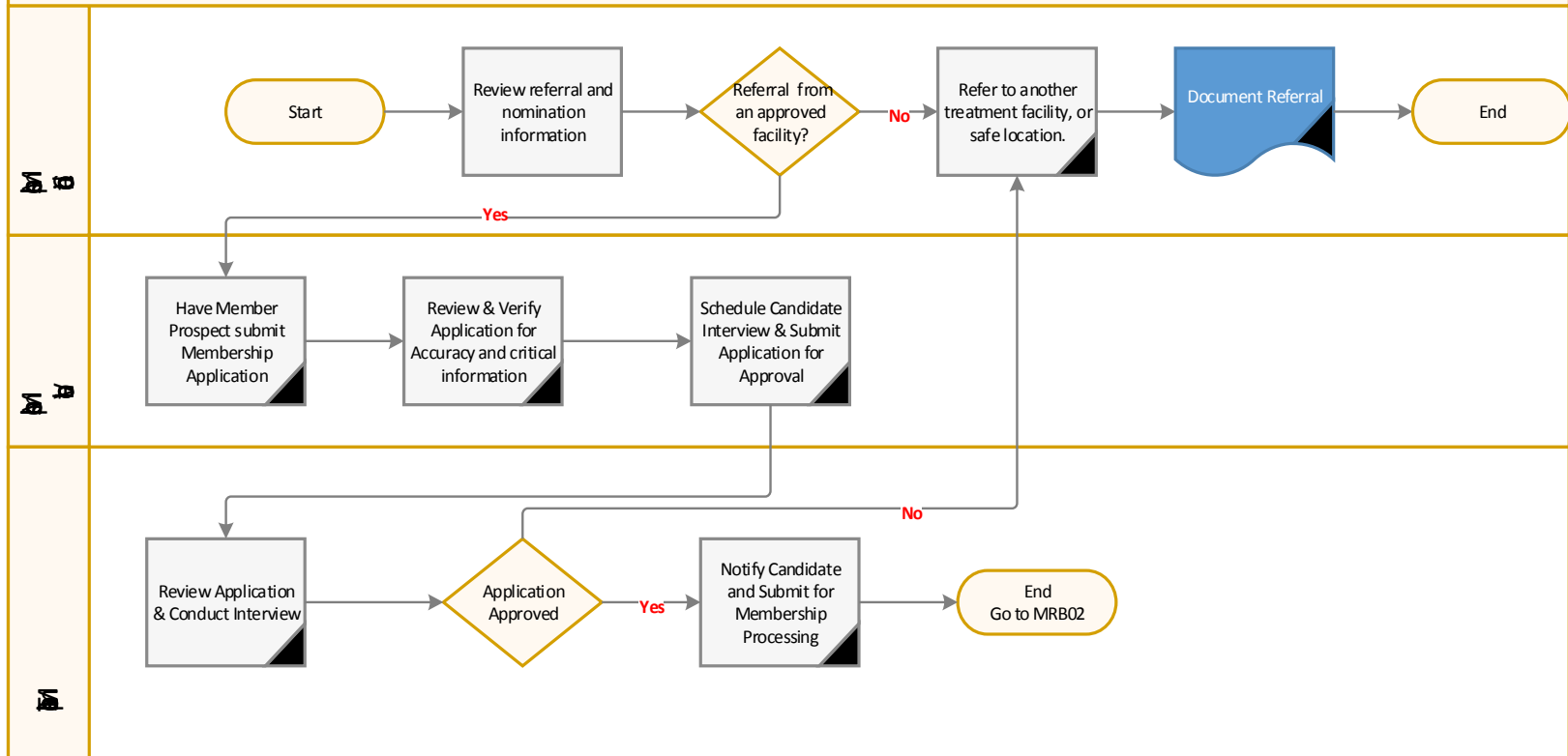
- ▶ Purpose
- ▶ Goals
- ▶ Target Population
- ▶ Resident Rights
- ▶ **Living Agreement and Cardinal Rules**
- ▶ Involuntary Move Out
- ▶ Residential Common Courtesies
- ▶ Confidentiality

## (Required for Ohio

- ▶ Overnight Passes
- ▶ **Guests**
- ▶ House Meetings
- ▶ **Peer Leadership and Participation**
- ▶ Rent
- ▶ **Program Adherence**
- ▶ **Employment and Volunteering**
- ▶ Vehicles
- ▶ Smoking/Vaping
- ▶ Door Keys/Codes
- ▶ Personal Electronic Devices
- ▶ Personal Belongings
- ▶ Food Storage, Meal Preparation, and Kitchen Storage
- ▶ Laundry
- ▶ House Schedule
- ▶ Assault/Discrimination/

# Membership Nomination

## Membership Program Nomination and Approval (MBR: 01)



# Property at 173 N. Lyman

## Criteria

### ▶ Location

- Centrally located to accommodate Walking & Bike Riding to:
  - Employment, Grocery Store, Post Office, Churches, Library, other Community Services
- 愬(important because, “no public transportation”)

### ▶ Meets or Exceeds OMHAS Quality Housing Criteria

- SqFt for Bedroom Space ( 122 least to 254 most)
- 愬(OMHAS criteria 120 SqFt for two adults)
- House A: 3.5 Baths & 2 full Kitchens for 9 men
  - House B: 2.5 Baths for 4–5 women
- 愬(OMHAS criteria 1 full bath for 6 occupants)



# Typical Neighborhood Concern

- ▶ Rise in Neighborhood Criminal Behavior
  - Dept. Health & Human Services study of Oxford Houses
    - 熄 Self-managed Peer-to-Peer recovery houses (> 2000)
    - 熄 **Note:** Less supervision than Francis House (a Level II) with Member Assistant residing on premises.
  - 42 Oxford House vs 42 Control Group non-Oxford
  - Results: No Difference in the amount of crime committed. A well-managed house poses a minimum risk of criminal behavior to neighborhood.

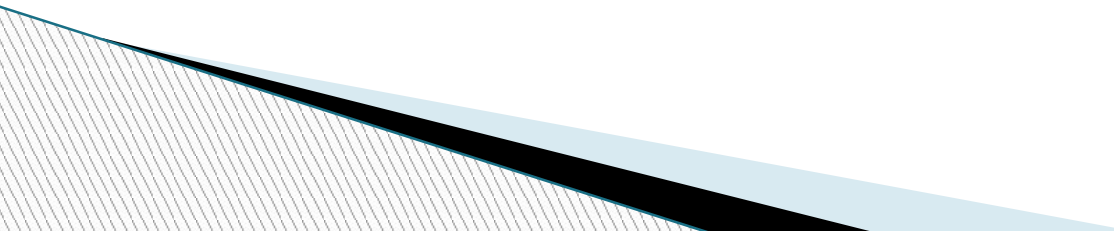
# Typical Neighborhood Concern

## ▶ Proximity Near Children

- With over nine Schools, eight Public Parks and unknown number of Preschools / Nurseries, and Churches, dispersed throughout the city, it is highly unlikely that a suitable, centrally located house within the city limits, would not be at some point in time, within some proximity of children.

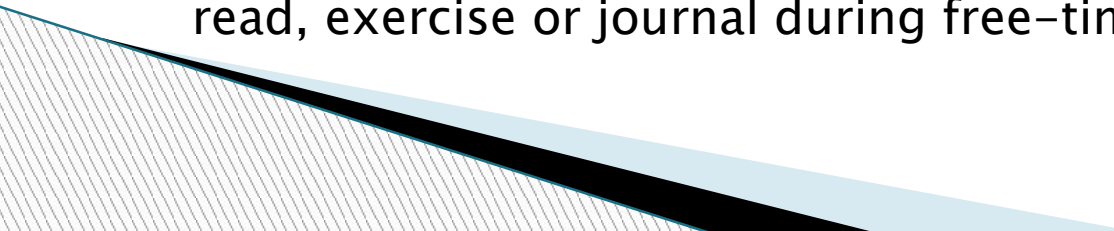
- The Members will be busy going about

# Outpatient and Wellness Programs

- ▶ 12-step meetings
  - ▶ Group therapy
  - ▶ Family counseling
  - ▶ Educational programming
  - ▶ Vocational training
  - ▶ Life skills training
  - ▶ Relapse prevention counseling
  - ▶ Physical Fitness
  - ▶ Worship Service
- 

# Typical Day in Recovery Living

Homes have household meetings (morning / nightly), and some residents often attend treatment, support group meetings or other wellness activities together throughout the day.

- ▶ Residents are expected to be up between 6 a.m. and 8 a.m. Residents eat breakfast together at a set time. (Job schedule permitting)
  - ▶ Residents are required to, attend group classes, receive some form of vocational training and seek employment or volunteer.
  - ▶ If transportation is provided, residents will meet at a set time to attend school, work or outpatient treatment.
  - ▶ After school, work or treatment, residents do chores, laundry and other housework.
  - ▶ A house meeting to discuss personal disputes, household tasks and other daily activities may occur before or after dinner.
  - ▶ At night, residents usually attend support group meetings.
  - ▶ Free time is after dinner until a set curfew. Residents can watch TV, read, exercise or journal during free-time.
- 

# The Importance of Community Integration

- ▶ Dr. Rachel Wurzman, neuroscientist has a recovery research project called SeekHealing
- ▶ Biological, Psychological & Sociological
- ▶ “Social & Psychospiritual interventions can act as neurotechnologies in social and addictive brain circuits.”
- ▶ Community (relationships) helps people heal and maintain long term sobriety.

# How the Community can Help

- ▶ Opportunity Development
  - Local Employment:
    - ☹ Participate in Employment Partner Program
  - Education (Volunteers):
    - ☹ Assist; financial literacy, job skills, yoga, meditation, etc.
- ▶ Spiritual Support
  - Acceptance, Inclusion with Worship Activates
  - Spiritual Mentorship with Local Churches
- ▶ Community Involvement
  - i.e. Civic Organizations
- ▶ Volunteering Opportunities
  - Weekly, Monthly, Periodic for Events, etc.

***“Acceptance and Inclusion”***



# Thank You!

stanzo  
-2940  
1037

Wadsworth, OH 44282  
[santo@francishouserecovery.org](mailto:santo@francishouserecovery.org)  
[www.francishouserecovery.org](http://www.francishouserecovery.org)  
facebook: francishouserecovery