

Donate to a food bank or little food box



Do an act of kindness of your choice:

Write a handwritten letter to someone you care about



Device free day



Pick up litter in your neighborhood or local park



Take a walk in nature to boost mental health



Write thank-you cards to postal workers, firefighters, sanitation workers



HOW TO PARTICIPATE

FREE entry by following the steps below:

1. Complete one or more challenges each week.
2. Post photo of kindness act in comment section of Facebook prize post.
3. You're automatically entered into the giveaway with each post.
4. Each act of kindness completed = 1 entry. Do as many as you wish!

Thank YOU! This giveaway is our act of kindness, from us to you, as we celebrate 10 years of community radio! We appreciate you, your support, and your dedication over the past decade. Here's to spreading kindness and celebrating together. **One winner will be chosen each week, over a 10 week period. Good luck!!!

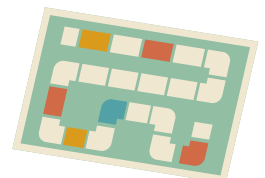
Pay for the person behind you in a drive-thru line



Support a local business and leave a positive review



Enjoy a game night with family/friends



Start a gratitude jar

(write something you're grateful for each day)



Forgive someone or apologize



Do an act of kindness of your choice:

Paint a rock with a positive message

(leave it for someone to find)

